THE BOARD OF EDUCATION OF SCHOOL DISTRICT 68
EDUCATION COMMITTEE MEETING
TO BE HELD WEDNESDAY, MAY 4, 2016 – 6:00 PM
BOARD ROOM
AGENDA

1. CALL TO ORDER
   The Chair will call the meeting to order and recognizes that tonight's meeting is being held on the traditional territory of the Snuneymuxw people.

2. ADDITIONS TO THE AGENDA

3. DELETIONS TO THE AGENDA

4. CHANGE IN ORDER

5. APPROVAL OF THE AGENDA

6. APPROVAL OF THE MINUTES
   6.1 Minutes - April 6, 2016

7. PRESENTATIONS
   7.1 Dr. Hasselback
       Medical Health Officer
       RE: Student Behaviour and Mental Health
       SD 68 Board - May 4, 2016

   7.2 Mr. Drew Cooper
       General Manager, Pacific Sport Vancouver Island
       RE: Active Transportation
       active transportation sd68

8. LEARNING SERVICES DEPARTMENT
   John Blain, Superintendent
   8.1 Mr. C. Lintott
       Principal, Wellington Secondary
       RE: Wellington Grade 8 Program

9. TRUSTEE ZONE REPORT

10. UNFINISHED BUSINESS
Please note that the proceedings of this meeting are being recorded to assist in the preparation of the minutes of the meeting. The recording of this meeting are records of the School District, as defined in the Freedom of Information and Protection of Privacy Act, and as such may be the subject of access requests under the Act.

11. **NEW BUSINESS**

12. **QUESTION PERIOD**
   Questions from the audience must be submitted in writing and given to the Board’s Executive Assistant (Kelsey Toye) for submission to the Chair. The question period is intended to enable the public to obtain clarifying information regarding a current agenda item.

   *Forms are available in the information rack near the entrance of the Board Room*

13. **ADJOURNMENT**
THE BOARD OF EDUCATION OF SCHOOL DISTRICT 68  
MINUTES OF EDUCATION COMMITTEE MEETING  
HELD April 6, 2016  

PRESENT:  ...  

APPROVAL OF THE AGENDA  

Folio  
E16/04/06-01  

That the Agenda be approved.  
CARRIED UNANIMOUSLY

CALL TO ORDER  
The Chair called the meeting to order at 6:00 pm and recognizes that tonight’s meeting is being held on the traditional territory of the Snuneymuxw people.  

ADDITIONS TO THE AGENDA  
Letter of support for the Cinnabar transition changes - Trustee Higginson  

DELETIONS TO THE AGENDA  
There were no Deletions to the Agenda this evening.  

CHANGE IN ORDER  
Cedar Educational Programs - Mr. Darcy Hoff to item 8.3 (Learning Services Department)  

APPROVAL OF THE AGENDA  
Folio  
E16/04/06-01  

That the Agenda be approved.  
CARRIED UNANIMOUSLY
APPROVAL OF THE MINUTES

That the minutes from the Education Committee meeting held March 2, 2016 be approved.

CARRIED UNANIMOUSLY

PRESENTATIONS

Mr. Joel Smith and Mr. Geoff Steel
Teacher and Principal of NDSS
RE: NDSS Field Lacrosse Academy - First Year Overview and Look Ahead

Mr. Joel Smith, Teacher and Coach at NDSS, wanted to thank the Board for the opportunity to present again, one year later after they approved the Lacrosse Academy. In the inaugural year, there were 60 athletes (grades 8,9,10 and 11,12 groups) registered in the Lacrosse Academy. This year, they have 52 athletes registered. The Junior team has played 15 games with an overall record of 3-9-3. The Senior team has played 14 games with an overall record of 6-8.

The Juniors had a great provincial run, 3-1-1, but lost in the final. The Seniors had a 2-2 record, lost in overtime to the Provincial Champs.

The fee structure for participants has changed from $600 to $800. 100% of students have committed to return to the Lacrosse Academy for next year.

Senior Team Captain, Graden Soucy, addressed the Education Committee and said that this has been his best year of high school. He has met so many wonderful people and their participation in the three tournaments this year have been a great experience.

Woodlands Environment Club
Energy Cup Challenge

Woodlands Environmental Club students, Graeme Arkell and Tristan Tolley presented to the Education Committee. The students talked about ways to save energy throughout the school; shutting down computers, program the 149 computers to turn off 2 hours earlier than before (saved $.39 / computer), sweater days on Friday’s, serving hot chocolate to students, lights out lunch, ceramic heater trade in, and spring break shutdown.

During lunch hours members of the Environmental Club go throughout the school doing audits, to
ensure each classroom is complying with these energy saving ways.

LEARNING SERVICES
DEPARTMENT

John Blain, Superintendent

Mr. Scott Saywell, Assistant Superintendent
Mr. Patrick Young, Principal, Rock City Elementary
Mr. John Cunnian, Vice Principal, NDSS

RE: DL

Mr. Patrick Young, Principal for the Learn@Home Program, Vice-Principal John Cunnian, and Teacher Darrell Letourneau provided background, statistics and the future plan of the district's distributed learning program.

The hybrid model of Distributed Learning is a self-paced, online K-12 school (currently at Departure Bay and NDSS), which will amalgamate in September 2016 at the former Mount Benson Elementary school site.

Outreach, Wellness and Learning (OWL) Program Relocation to Mount Benson with Learn@Home

Superintendent Blain presented an Action Sheet regarding the possible relocation of the Outreach Wellness and Learning (OWL) program to Mount Benson.

IT WAS MOVED BY Trustee Brzovic
IT WAS SECONDED BY Trustee Kimler

Folio E16/04/07-03

The Education Committee recommends to the Board of Education of School District 68 (Nanaimo-Ladysmith) that it approve the relocation of the Outreach, Wellness and Learning (OWL) Program to the Mount Benson Learn@Home school site effective September 2016.

CARRIED UNANIMOUSLY

Cedar Educational Programs - Mr. Darcy Hoff

Mr. Darcy Hoff, Cedar Secondary principal, provided the Education Committee with an update in preparation of the school's opening in September 2016. Information included; school layout, curriculum and class schedules.

UNFINISHED BUSINESS

Strategic Plan Update from Learning Services and Discussion to Follow

Mr. Blain went through the current vision of the strategic plan; the continuous improvement of instruction and assessment and meeting each student's unique needs. Staff's recommendations on what the vision of the strategic plan is and what
needs to be maintained and enhanced were included in the document. Including, but not limited to:

- Implementation of the RTI model
- Personalized learning
- Higher Aboriginal student academic achievement
- Learning empowered by technology
- A K-12 literacy improvement initiative

For a complete list, please see the report attached to the Agenda.

IT WAS MOVED BY Trustee Brennan
IT WAS SECONDED BY Trustee Brzovic

Folio E116/04/07-04
That the information on the strategic plan be received.
CARRIED UNANIMOUSLY

IT WAS MOVED BY Trustee Brennan
IT WAS SECONDED BY Trustee Brzovic

Folio E16/04/07-05
The Education Committee recommends to the Board of Education of School District 68 (Nanaimo-Ladysmith) to direct staff to develop a plan for a revised updated strategic plan.
CARRIED UNANIMOUSLY

NEW BUSINESS

Letter of Support for Cinnabar Valley Transit Changes

Trustee Higginson was at a John Barsby PAC meeting and was informed that the Cinnabar Valley (Community Coalition for Transit Changes) are advocating to the Nanaimo Transit Authority to provide a bus that works within the time frames of the school day. She would like the Board to write a letter to the Nanaimo Transit Authority to write a letter of support.

IT WAS MOVED BY Trustee Higginson
IT WAS SECONDED BY Trustee Robinson

Folio E16/04/07-06
The Education Committee recommends to the Board of Education of School District 68 (Nanaimo-Ladysmith) that they write a letter to the
Nanaimo Transit Authority in support of the community coalition for transit changes to show its support for the introduction of an express bus to and from Cinnabar Valley that would transport school-aged children to Nanaimo for out-of-catchment school programming.

CARRIED UNANIMOUSLY

QUESTION PERIOD

There were no Questions this evening.

ADJOURNMENT

IT WAS MOVED BY Trustee Brennan
IT WAS SECONDED BY Trustee Brzovic

Folio
E16/04/07-07

That the meeting be adjourned.

CARRIED UNANIMOUSLY

The meeting adjourned at 8:20 pm.
MEDICAL HEALTH OFFICER
REPORT: STUDENT
BEHAVIOURAL AND MENTAL
HEALTH

SCHOOL DISTRICT 68
EDUCATION COMMITTEE MEETING

Paul Hasselback MD MSc FCRPC
Medical Health Officer
Central Vancouver Island
EDI Scores - Social and Emotional Vulnerability

Vulnerability on Social and Emotional Indexes, SD and BC - 04/05 to 12/13

Percent Vulnerable

SD 68 - Social
BC - Social
SD 68 - Emotional
BC - Emotional
EDI Scores – Social and Emotional Vulnerability

Vulnerability on Social Index, by School District for the Island - Wave 5 (11/12 - 12/13)

Vulnerability on Emotional Index, by School District for the Island - Wave 5 (11/12 - 12/13)
School Satisfaction Survey Items

Do you feel safe at School

Percent "Many Times" or "All of the Time"

Grade 3/4 Grade 7 Grade 10 Grade 12
School Satisfaction Survey Items

At school, are you learning about how to stay healthy?

Percent "Many Times" or "All of the Time"
Ratings of Mental Health

Mental health and overall health ratings

- Mental health
- Overall health

<table>
<thead>
<tr>
<th>Poor or Fair</th>
<th>Good or Excellent</th>
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<tbody>
<tr>
<td>20%</td>
<td>80%</td>
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<tr>
<td>14%</td>
<td>86%</td>
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# Other Mental Health Concerns

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<tr>
<th>Most commonly reported conditions</th>
<th>Males</th>
<th>Females</th>
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<tbody>
<tr>
<td>Depression</td>
<td>6%</td>
<td>14%</td>
</tr>
<tr>
<td>Anxiety Disorder/ Panic Attacks</td>
<td>3%</td>
<td>16%</td>
</tr>
<tr>
<td>Attention Deficit/ Hyperactivity Disorder (ADHD)</td>
<td>6%</td>
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</tbody>
</table>

Students who experienced extreme stress and despair in the past month:

- **Extreme stress**
  - Males: 7%
  - Females: 14%

- **Extreme despair**
  - Males: 3%
  - Females: 10%
Diagnosed Behaviour Disorders

Percentage of Students with Behaviour Disabilities

Nanaimo BC

2011/12 2012/13 2013/14 2014/15 2015/16

Percentage of Students

Nanaimo BC
Diagnosed Behaviour Disorders

- 159 Designated Students (51 secondary; 108 elementary) and 68 non-designated students (25 s; 43 e) require 1-1 EA support all day.
  - 227 EAs employed by the district have been assigned to these children.
- 355 non-designated students (97 secondary; 258 elementary) require 1-1 EA support for part of the day.
  - 23 EAs are employed to go between rooms to meet the needs of these 355 children.
- 114 designated students (49 s; 65 e) And 90 (65 s; 25 e) non-designated students require a partial day program as they cannot handle school all day.
- A small number of students who are unable to attend school due to risk issues.
- 506 students (333 secondary; 173 elementary) have a significant attendance problem or are not attending.
  - Child and Youth Care Workers call regularly and visit homes.

Data courtesy of Bob Esliger
FSA Scores

- Grades 4 and 7 students below standard in reading and writing from LHA Profiles
Bullying

• 38% of local students (32% of males vs. 44% of females) had been teased to feeling bad or very uncomfortable.

• Rates decreased or stayed consistent of:
  • 7% of students (9% of males vs. 6% of females) reported being physically attacked or assaulted at least once.
  • 17% of students reported that they had been cyberbullied in the past year (11% of males vs. 22% of females).
Abuse

Students who were ever abused

- Physically abused: 10% Males, 16% Females
- Sexually abused: 4% Males, 17% Females
- Both physically and sexually abused: 1% Males, 8% Females
Teen Pregnancy Rates

Births to 15-19 year olds per 1000 Women
by LHA and BC - 1989 to 2014

LHA 67 - Ladysmith
LHA 68 - Nanaimo
BC
Established Protective Factors

- School connectedness
- Positive family relationships
  - family had fun together (68%), understood them (61%), and paid attention to them (75%)
- Caring adults outside the family
- Someone to turn to for help
Established Protective Factors

- Peer relationships
- Good nutrition
- Feeling engaged and valued
- 73% of Central Vancouver Island students reported that the activities they were involved in were at least quite a bit meaningful to them. However, when asked if they felt that their ideas were listened to and acted upon in these activities, only 42% of local students felt that they were to a significant extent, compared to 49% in 2008.
- Stable home
Protective Factors - 2013

- Eight or more hours of sleep
- Neighbourhood safety
  - Local youth were more likely than their peers across the province to always feel safe in their neighbourhood during the day (70% vs. 64% provincially) and at night (32% vs. 28%)
- Community connectedness
- Cultural connectedness
Aboriginal completion trending to almost average for province ~58%. Special needs completion diverging from province at 44%.
School Completion Rates

Eligible Grade 12 Graduation Rate - Female and Male

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<tbody>
<tr>
<td>Female</td>
<td>92</td>
<td>94</td>
<td>94</td>
<td>94</td>
<td>94</td>
<td>92</td>
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<tr>
<td>Male</td>
<td>90</td>
<td>94</td>
<td>94</td>
<td>92</td>
<td>92</td>
<td>90</td>
</tr>
</tbody>
</table>

Percent
Paul Hasselback MD MSc FRCPC
250.739.6304
Medical Health Officer
Central Vancouver Island
paul.hasselback@viha.ca
School Medical Officer

- *School Act S 89* – is a Medical Health Officer designated under the *Public Health Act*.
- S 90 – powers to inspect and close due to health or safety.
- S 91
  - examine general health of students
  - Address where health of student may endanger other students or staff
- S 92 – advise school in relation to staff that may endanger.
At School, do you respect people who are different from you (for example, think, act or look differently)?

Percent "Many Times" or "All of the Time"
School Satisfaction Survey Items

At school, are you bullied, teased or picked on?

Percent "Many Times" or "All of the Time"
School Satisfaction Survey Items

Do you know how your school expects students to behave?

Percent "Many Times" or "All of the Time"

Do you know what your school's expectations are for student behaviour?

Percent "Many Times" or "All of the Time"
School Satisfaction Survey Items

Do you feel welcome at your school?

Percent "Many Times" or "All of the Time"

- Grade 3/4
- Grade 7
- Grade 10
- Grade 12

Graph showing trends from 2009/10 to 2014/15.
% Lone Parent Families

About 50% of census families have children - all lone parent families have children.
Suicide

Males

- 8% considered suicide
- 3% attempted suicide

Females

- 16% considered suicide
- 9% attempted suicide
Mental Health and Sleep

Good/excellent mental health in relation to hours slept last night

Note: Not all differences were statistically significant.

* The percentage should be interpreted with caution as the standard error was relatively high but still within a releasable range.
School Completion Rates

6 Year Completion Rate - Aboriginal Students

Nanaimo-Ladysmith BC

Percent

School Completion Rates

6 Year Completion Rate - Special Needs Students

Nanaimo-Ladysmith BC

Percent
Active Transportation

Nanaimo/Ladysmith School District
Is this an important issue?
“...the campaign for perfect safety from abductions ignores costs like constricting childhood experience, increasing childhood obesity, instilling chronic anxiety in working women and scaring young adults away from having children.”

Harvard psychologist Steven Pinker
Solution?
What’s the payoff for schools?

• Increased academic performance
• Enhanced self regulation
What’s the payoff for families?

- Increased health
- Financial savings
What about safety?
Conclusion

- Improved health
- Enhanced learning
- No significant increased risk
- Significant savings to both families and the community
Thank you....

Contact:

250 740 6169
dcooper@pacificsport.com
Wildcat Camp

The transition to high school can be a difficult process for many students - both socially and academically. Our team of Grade 8 teachers have developed a Secondary integration program to support students with this transition.

An activity-based, staff & peer supported program designed to develop the academic, leadership and social skills to enhance the learning experience for each student and lead to greater overall success.

Students will be prepared to succeed in a variety of learning environments, interact positively in classroom and social situations, focus on reading, writing and numeracy development, and built leadership, community & teamwork skills.

Most importantly, students will work with the Wellington Core 8 staff to develop personal, school & community advocacy.

Wellington Secondary
3135 Mexicana Rd
Nanaimo, BC
250 758 9191

Mr. Chad Lintott, Principal
clintott1@sd68.bc.ca

Mr. Scott Christianson, Vice - Principal
schristianson@sd68.bc.ca

Mr. Tom Mason, Vice - Principal
tmason@sd68.bc.ca

If You Have Questions, Please Contact us...
BC Curriculum Redesign

The BC curriculum has been redesigned to respond to the demanding world in which our students live and learn. We believe Wellington offers a successful Grade 8 program with a caring and engaging staff. We further believe that a shift in our delivery model to support the new curriculum will provide a more flexible and personalized program for students.

At the heart of British Columbia’s redesigned curriculum are core competencies, essential learning outcomes and literacy and numeracy foundations.

“Know - Learn - Do” Curriculum Model

Grade 8 Wildcat Program

Grade 8 students will learn in an adaptive and collaborative environment with a group of Core Grade 8 teaching staff.

The Core group of Grade 8 teachers will develop courses and skill-building activities based on the needs of learners. With a hybrid (linear and semester-based timetable), teachers will be able to focus on preparing students to learn and succeed within a Secondary school curriculum.

Focus Areas:

- Collaborative learning
- Leadership education
- Inquiry based learning
- Linear delivery in Core Academic Courses
- Building relationships
- Academic skill building
- Supporting student interests
- Organizational skills
- Academic readiness skills

Supported Focus on Technology

Sample Grade 8 Schedule

<table>
<thead>
<tr>
<th>Period</th>
<th>Course</th>
<th>Description</th>
</tr>
</thead>
</table>
| A (1)  | Grade 8 Rotation & Band | Students will rotate through 5 courses (each semester) intended to develop fine arts, applied skills, healthy living & study skills.  
  * Woodwork
  * Textiles
  * Healthy Living (x2)
  * Info Tech
  * Art
  * Drama
  * Study Skills (x2)
  * Foods
  * Band students will enjoy music all year (linear—alternating days) and experience ½ rotations |
| B (2)  | PE & French | Semester – based course delivery. French in one semester, PE in the other. |
| C (3)  | Core Learning 8 | Core Academic Subjects  
  * Math
  * Science
  * Humanities
  
  This 1/2 day will also include Homeroom, Academic Readiness activities, Project-based work, Literacy and Numeracy development, Leadership education |
| D (4)  | Core Learning 8 | |

The purpose of a flexible, hybrid model of delivery is to allow teachers to assess the learning needs of students and develop more personalized programming which build necessary academic skills throughout the year. Skill development and curricular understanding are equally important and create a shared, common learning and teaching focus.