1. CALL TO ORDER
The Chair will call the meeting to order and recognizes that tonight's meeting is being held on the traditional territory of the Snuneymuxw people.

2. ADDITIONS TO THE AGENDA

3. DELETIONS TO THE AGENDA

4. CHANGE IN ORDER

5. APPROVAL OF THE AGENDA

6. APPROVAL OF THE MINUTES

   6.1 Minutes - September 11, 2013

   That the minutes of the Education Committee Meeting held September 11, 2013 be adopted
   01 - September 11, 2013.pdf

7. PRESENTATIONS

8. LEARNING SERVICES DEPARTMENT UPDATE
John Blain, Deputy Superintendent

   8.1 Comprehensive Schools Presentation – Jacquie Poulin
       • After School Sport Initiative
       • Physical Literacy
       • Swim to Survive
       • Nutrition Guidelines
       Vancouver Island Symphony Gr. 4 Project – Peter Hewitt
9. **CORRESPONDENCE REFERRED FROM THE REGULAR BOARD MEETING**

10. **UNFINISHED BUSINESS**

11. **NEW BUSINESS**

12. **QUESTION PERIOD**
   Questions from the audience must be submitted in writing and given to the Board’s Executive Assistant (Cathy Kelt) for submission to the Chair. The question period is intended to enable the public to obtain clarifying information regarding a current agenda item.

   *Forms are available in the information rack near the entrance of the Board Room*

13. **ADJOURNMENT**
THE BOARD OF EDUCATION OF SCHOOL DISTRICT 68
MINUTES OF EDUCATION COMMITTEE
HELD SEPTEMBER 11, 2013

PRESENT:
Trustees
K. Howland, Chair
B. Bard
J. Brennan
D. Neary
B. Robinson
T. Saunders

Staff
D. Hutchinson, Superintendent/CEO
J. Blain, Deputy Superintendent
R. Gray, Assistant Superintendent
D. Reimer, Director of Communications
C. Kelt, Executive Assistant

Meeting No. E1

ABSENT
D. Allen
N. Curley
S. Welch

IN ATTENDANCE
S. Iverson, NDTA Rep
R. Zver, CUPE Rep
T. McKay, NSAA Rep
A. Cameron, DPAC Rep

CALL TO ORDER
The Chair called the meeting to order at 6:00 pm and recognized that tonight’s meeting is being held on the traditional territory of the Snuneymuxw people.

ADDITIONS TO THE AGENDA
There were no additions to the Agenda this evening.

DELETIONS TO THE AGENDA
There were no deletions to the Agenda this evening.

CHANGE IN ORDER
There was no change in order to the Agenda this evening.

APPROVAL OF THE AGENDA
IT WAS MOVED BY Trustee Brennan
IT WAS SECONDED BY Trustee Robinson

Folio
E13/09/11-01
That the Agenda be approved.
CARRIED UNANIMOUSLY

APPROVAL OF THE MINUTES
IT WAS MOVED BY Trustee Bard
IT WAS SECONDED BY Trustee Brennan

Folio
E13/09/11-02
That the minutes of the Education Committee Meeting held May 8th be approved as amended.
CARRIED UNANIMOUSLY
PRESENTATIONS

There were no presentations this evening.

EDUCATIONAL UPDATE – Report from John Blain, Deputy Superintendent

Superintendent John Blain gave an update on several items related to the startup of the school year.

He said there were a number of learning opportunities for principals, vice-principals and teachers at the start of the year. These included the Summer Institute the week before school opening and several sessions for principals and vice-principals in the two weeks before school opening.

Mr. Blain reviewed the preliminary feedback that has been received about the Tuesday, September 3 Success for All Day.

Mr. Blain told the Committee about the work that has been done to help South Wellington students transition to their new schools. The majority of South Wellington parents chose to enrol their children in Chase River Elementary, with some attending North Cedar Intermediate.

He also commented on the transition work that is underway to support Quarterway English students who have moved to neighbouring schools.

Rose Tull & Lynn Brown

Rose Tull & Lynn Brown gave the Committee an overview of some of the topics covered in the Summer Institute held August 27 and 28. They focused on building a community of learners.

DJ Thompson

DJ Thompson told the Committee how inquiry-based learning promotes self-regulation. http://www.youtube.com/watch?v=lwCmCJ8OhWY

Neil Varner/Jim Rourke

Neil Varner and Jim O'Rourke updated the Committee on the topic of becoming allies in Aboriginal education.

Linda Baldwin - Learning to Read in a Balanced Literacy Environment

Linda Baldwin spoke to the Committee about learning to read in a balanced literacy environment.
CORRESPONDENCE
REFERRED FROM THE REGULAR BOARD MEETING
There was no correspondence referred from the August Board Meeting.

UNFINISHED BUSINESS
There was no unfinished business on the Agenda this evening.

NEW BUSINESS
There was no new business on the Agenda this evening.

QUESTION PERIOD
There were no questions this evening.

ADJOURNMENT
IT WAS MOVED BY Trustee Brennan
IT WAS SECONDED BY Trustee Robinson
That the meeting be adjourned.
CARRIED UNANIMOUSLY

Folio E13/09/11-03

The meeting adjourned at 7:45 pm.
Comprehensive School Health in Nanaimo-Ladysmith Public Schools

By Jacquie Poulin
What is Comprehensive School Health?

- recognizes that healthy young people learn better and achieve more;
- understands that schools can directly influence students' health and behaviours;
- encourages healthy lifestyle choices, and promotes students' health and well-being;
- incorporates health into all aspects of school and learning, acknowledging that health is more than just the absence of illness;
- links health and education issues and systems; and, needs the participation and support of families and the community at large.
The 4 Pillars of Comprehensive School Health

Social and physical environment - For example, healthy schools do not tolerate harassment or bullying, and pay close attention to ensuring school facilities and activities are safe.

Teaching and learning - This includes both formal instruction, and informal learning, such as having teachers model healthy behaviours for students.

Partnerships and services - These link the school to the broader community, enhancing the range of supports and opportunities available to students, parents, educators and others.

Healthy school policy - This can encompass everything from guidelines for food sales to rules regarding conduct to frameworks for engaging community partners.
The Benefits of Comprehensive School Health

Research shows that a CSH approach can help schools achieve:

- better learning outcomes for students;
- better health and well-being for students, educators and staff;
- more effective learning and teaching; and,
- a more cooperative and connected school environment.
Extended Benefits of CSH

The benefits also extend beyond the school and its students. Because CSH involves community partners and service providers who, in many cases, provide support for families and others, using the CSH approach can also encourage:

- increased feelings of support from school;
- improved behavior and healthy choices at home and in the community;
- enhanced resources and opportunities;
- development of unique networks of services and programs for all; and,
- increased understanding of connections between curriculum and real life.
Many of our schools are already doing so many things that support Comprehensive School Health:

- PBIS
- Student leadership
- Playground enhancements
- Healthy snacks
- FRIENDS, Mind Up, Five Point Scale, strategies to support self-regulation
- Healthy Schools inquiry questions through the Healthy Schools Network
- Healthy Schools Youth Leadership Council

.... To name just a few!!
Focusing on Partnerships

ASSAI, Physical Literacy Mentorship, Nutrition Guidelines, Swim to Survive
After School Sport & Art Initiative

▪ A three year grant from the Ministry of Community, Sport and Cultural Development

▪ Nanaimo-Ladysmith was in the third co-hort of districts to receive money so last year was our first year – we are guaranteed funds through 2014-2015 but it is looking promising to continue beyond

▪ Target age group: Kindergarten to Grade 8

▪ Target population: children facing barriers to sport participation such as low socio-economic families, new immigrants, Aboriginal children, children at risk

▪ First year was just for sport, have since added an art component with additional funding
ASSAI Goals

Provide safe, fun and quality programming for under-served children

- Increase fundamental movement and sport skills and competencies
- Increase inclusiveness and accessibility
- Promote school, sport and community partnerships
- Improve a child’s connectedness to adults, peers, school and community
- Decrease the likelihood of unhealthy and risky activities and behaviours
ASSAI in Nanaimo-Ladysmith

- Partnered with PacificSport to help us run the program
- Worked with Vancouver Island University to hire students from the Phys. Ed. Department and the Child and Youth Care Department
- Started ‘small’ last year and ran programs in **five** of our elementary schools
- Ran a total of 10 programs – 2 sets of programs at each school for 8 – 10 weeks per set
- Programs were very well-received right from the start, had full registration in every program
ASSAI in Nanaimo-Ladysmith 2013-2014

- Will have sport programs in 9 schools in the fall, 10 schools in the winter, and 11 schools in the spring for a total of 30, 9-week sessions

- Will be introducing an art program to 2 or 3 schools in the winter session – still working on the details and logistics

- Ensuring our programs are barrier free, accessible to all, and in schools that meet the criteria
Once the staff have been hired, they are required to meet a whole set of criteria:

**Mandatory:**
- First aid certification
- Criminal record checks
- Fundamental Movement Skills certification
- High 5 certification

**Optional (and highly recommended)**
- Kids Can Move certification
- Challenging Behaviours workshop
- National Coaching Certification in sport specific areas
- And many, many more
Physical Literacy Mentorship Project

- PacificSport applied and received a grant of $11,000 and approached the Nanaimo-Ladysmith Public Schools to match the grant to offer this project.

What is the Physical Literacy Mentorship Project?

It is an opportunity to enhance knowledge and skills in physical literacy for our primary classes. A physical literacy teacher mentor was hired to work with five elementary schools in the district to support teachers in the delivery of fundamental movement skills (FMS).
Mentorship Criteria for Spring 2013

- Focus will be on primary grades, K – 3 or K – 4 depending on size of school
- 10 week program commitment, physical literacy teacher mentor will be at each school for one day per week over the 8 weeks (then in January will do follow up with multiple schools)
- School needs to be willing to adjust gym schedules to allow for the primary classes to have gym on the one day that the teacher mentor is at the school
- The teacher mentor will collaborate, model, and team teach with the classroom teacher. The ten weeks will see a transition from classroom teacher being the observer/participant to co-teacher to class lead by the end of the ten weeks.
- The overall focus of the ten weeks will be on building Fundamental Movement Skills in a games based format. These skills could include run, jump, throw, balance, co-ordination, and agility.
Mentorship Round 2

- PacificSport has been successful in securing the grant once again so we are going for Round 2
- Focus this time will be five new skills, for an eight-week program with a physical literacy mentor teacher
- New component this year, an additional four weeks will be available as a follow-up for the initial five schools from last spring and the new five schools for this fall
- Feedback has been so positive that schools are quickly volunteering to be a part of this project
Nutrition Guidelines

- The original Guidelines for the Sale of Foods and Beverages in BC Schools came out in 2005, and were revised in 2008
- Majority of our schools were co-operative in becoming compliant with these guidelines
- Another revised version is due to come out this fall which will be a good time to remind everyone of the reason and rationale and to support schools in again reviewing their nutrition policies and practices
This is still in very early stages and is not yet finalized but is exciting

City of Nanaimo, in partnership with Nanaimo-Ladysmith Public Schools, are submitting a grant application to the Lifesaving Society to offer the Swim to Survive Program to every Grade 3 student in our district.

Would include three ‘dryland’ lessons presented in the classroom by the teacher and three ‘pool lessons’ provided by certified lifeguards.

This is not a swim lesson program, but rather a “swim survival” program.

This is a barrier free program – no cost for any student to participate; transportation / pool / instruction all included in the grant.
Credits

None of this would be possible without the support, knowledge, and help from the following:

- Staff of DASH BC (Directorate of Agencies for School Health)
- PacificSport – in particular Drew Cooper and Catharine Edwards
- City of Nanaimo – in particular Laara Clarkson and Liz Williams
- VIHA – who have embraced CSH and are willing to work with the school district in any and all capacity
- All the district staff who have a passion for healthy schools and healthy learners
All grade 4s go to the Symphony

Education Concert

Friday January 18 2013
THANK YOU FOR SUPPORTING LIVE MUSIC

NOW GO AWAY
Joint Committee (February 2013)

- Peter Hewitt, Elizabeth Lorenz, Quarterway
- Karina Younk, Hugh Middleton, Park Avenue
- Cathal Walsh, Vanessa Furland, Ladysmith Int.
- Mike Lundine, Karen Withers, Pauline Haarer

- Margot Holmes, VIS Executive Director
- Bobbi Kurtz*, VIS Education Coordinator

(*new coordinator = Yvonne Hedley)
• All grade 4s (approximately 1000)
• V.I. Symphony Education Concert
• February 2014, 2015, 2016
• at Port Theatre, Nanaimo.
• “Co-curricular” excursion (i.e. no cost)
• District pays a nominal $1 per seat
• District provides bussing to/from Port
NLPS contribution  ==  9% of total budget
$1 per seat          (=>$1500)
Bussing              (=>$3500)
Rehearsal space*    (=>$ 0)

→ *Coal Tyee Elementary is hosting
weekly rehearsals of the Grade 5 Honour
Choir from 5:00-6:30 p.m.  Central location.
Symphony’s portion == 91% of costs
Musicians paid to scale (=> $30,000)
Director Grade 5 Choir (=> $5,250)
Shuttle bus to rehearsals (=> $500)
Admission subsidy (=> $10,000)
Publicity, administration (=> $5,500)
BC Registered Music Teachers 
Mid-Island Branch 

• Patricia Plumley: 250-468-9205
• enjoys both her work as a faculty member of the School of Music at Vancouver Community College and her private studio.
• watching "musical souls" unfold their wings is an exciting process at all levels and Patricia looks forward to teaching at her new home in Nanoose Bay.
• Patricia holds an ARCT in piano and voice performance.
Learning Services is willing to pay the $5000 for the program for grade 4s and supplying the transportation to get there. As you can see from the below that this program involves all schools, hence we need a commitment from all schools grade 4s for the next 3 years. Please vote yes or no above on the vote button by Friday. (John Blain, Feb 20/13; confirmed on Apr 5/13)
For the next three years (2013-14, 2014-15, 2015-16), all grade 4 students will participate in this co-curricular field trip (no fee), which meets the MoE prescribed learning outcomes for Music.

Transportation to/from performance venue provided by district school bus.

VIS will invoice the district a group admission fee of $1 per seat.
CALLING ALL GRADE 5 STUDENTS

Do you Love to Sing?
All Grade 5 students in School District 68 are invited to join the Vancouver Island Symphony's Grade 5 Choir.

Rehearsals: Thursdays 5:00 to 6:30 pm, starting in October 17th at Coal Tyee

Grade 5 Honour Choir
Musical Director = Patricia Plumley
Performances: This Choir will sing at the Symphony’s NEW Education Shows with award winning children’s entertainer RICK SCOTT in February & at the May 3rd production of NANAIMO BAR NONE – showcasing supreme scrumptious Nanaimo talent at the Port Theatre!!! Plus, performances at community events and at schools.
This Symphony Music Education Program is **FREE to Participants!**

**Audition alone or with your friends**

-Sing any song you like!-
Auditions are held at Nanaimo Aquatic Centre  
Thurs. October 10\textsuperscript{th}  5:00pm – 8:00pm  
Sat.   October 12\textsuperscript{th}  10:00am – 1:00pm  

**Call or email Yvonne Hedley Education Programs Coordinator  
You must book an audition time**!
250-754-0177  join@vancouverislandsymphony.com

Contact: Yvonne Hedley –
VIS Education Programs Coordinator
“We extend our thanks and best wishes to VIS staff and Board as you raise funds from the private sector, individual benefactors and corporate sponsors.”

P. Hewitt Apr 5/13