



**SD68 BOARD OF EDUCATION
PRESENTATION**

F2SBC Support of Food Literacy in NLPS

PRESENTER

Tessa Stiven, F2SBC Central Island Community Animator



Farm to School BC is a program administered by the Public Health Association of BC and is supported by the Province of British Columbia



April 24, 2024

Presenter



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Central Island Community Animator,
Farm to School BC

Tessa has 20 years of experience in outdoor education, community-based learning and classroom teaching with a focus on food systems.

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Presenting on behalf of the Central Island F2SBC Advisory Committee



**GROWING
OPPORTUNITIES**
Farm Community Cooperative



Territorial Acknowledgement

I would like to acknowledge that I am presenting today on **the traditional, ancestral, unceded territory of the Snuneymuxw Nation.**





Supporting BC schools since 2007!

Engaging students in healthy local food, hands-on learning, and school and community connectedness.



F2SBC is a program of the
PUBLIC HEALTH ASSOCIATION OF BC
and is supported by the province of
British Columbia.



WWW.FARMTOSCHOOLBC.CA



Farm to School BC Supports



School Gardens



Indoor Growing



Cooking



פ ה טכ נ תכ ד ק ט ל נח



Field Trips



Land to School



ק ת ת ס ד ע ת א ט ל ע



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Regional Animator Model

Our Hubs



צ ט ז ק טאָה School Districts 61, 62, 63, 64

צ פֿי ק טכאַש ל צ כש פֿק פֿי ק טכאַש ל צ School Districts 68, 69, 70

ט ר ט פֿ ו ת פֿק ר ט School Districts 73, 83

ו סאַכ ת ו ק טכאַש ל צ סאַכ ת ו School Districts 28, 57, 91

ו פֿ סאַכ ת ל פֿ א School Districts 52, 54, 82

ע א פֿ ט ת צ ל ש פֿ ש ע School District 46 – pilot

ש פֿ ש ט ל פֿ א School Districts 38, 39, 44, 45, 48

Farm to School BC in Nanaimo/Ladysmith

י | וו כש מק פיק טכאלש ל צ

- Hub established in 2018
- Supports SD68, SD69 and SD70
- Community Animator: Tessa Stiven



Funding Food Literacy in SD68

F2SBC Grants

- Funded 12 SD68 schools totaling \$41,000 in past 7 years
- F2SBC Grantees receive on-going support from the Community Animator

Support with External Grants

- Funded annual farm field trips since 2021, reaching on average 300 students per year
- Funded Garden-in-a-Box program
- Funded Woodlands Farm infrastructure



CELEBRATING NEW GRANTEES

Congrats School District 68!

Rock City Elementary,
Wellington Secondary, and
Cedar Community Secondary



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F2SBC Grants in Action

'F2SBC is a major supporter of our school garden and food literacy programming at syuwén'ct Elementary! Recently, our PAC helped us get a grant to **buy 4 Indoor LED grow lights, domes, and many trays**. Our 15 divisions in partnership with parents, Nanaimo Food Share, and volunteers, use these systems throughout the school year.

In the winter, we can grow microgreens indoors making curriculum connections to the life-cycle of plants, healthy eating, and sustainable living. As spring nears, these systems allow us to execute our garden plans and start seeds.

Our garden grows because we have help from F2SBC! THANK YOU!!

[illegible]

Supporting NLPS Strategic Plan

Goal: to be a leader in environmental stewardship through implementing food security programming that includes community partners

F2SBC Central Island Advisory Committee is the hub for community partners supporting food literacy. F2SBC maintains active networks through meetings, newsletters, collaborative projects and on-the-ground support.



Supporting Indigenous Food Teaching

Syeyutsus Policy in Action

- Food preservation workshops offered by Growing Opportunities at Wellington and Woodlands
- Farm field trips with Snuneymuxw Knowledge Keeper
- Supporting Indigenous Gardens with F2SBC's Learning from the Land Toolkit
- Supporting land-based learning at Bayview
- Area of focus for F2SBC Central Island Advisory Committee



Supporting NLPS's Environmental Stewardship Action Plan

ESAP in Action

- Providing funding and mentorship to Eco Clubs
- Hosting workshops for teachers on land-based learning pedagogy
- Funding outdoor learning spaces
- Enhancing learning opportunities in school gardens
- Supporting Woodlands School Farm



Professional Development

Learning Circles, ProD and Online Workshop

- Responsive to teacher's needs and interest F2SBC provides school, district and provincial-level professional development
- In SD68, offerings include School Farm ProD, District Day ProDs, school specific learning circles and farm field trips for teachers



Hands-on Learning at Farms

Annual F2SBC Spring Celebration in SD68

- Avg 300 students per year attend spring farm field trips
- F2SBC collaborates with People for a Healthy Community on Gabriola and Nanaimo Foodshare to host field trips



Supporting Community Programming

Seedlings for SD68 Schools

- Beban Learning Gardens and Growing Opportunities boost school gardens with free seedlings
- Intergenerational connections between students at senior volunteers
- Support alignment of growing season and school calendar



Connecting Local Food to Schools

Farm to Plate in SD68

- Leek Day at Gabriola Elementary School
- Kale Week at Barsby Secondary
- Pumpkin deliveries to Foods classes

Thanks to Growing Opportunities for donated farm produce!



Opportunities with Feeding Futures Funding

F2SBC can support by:

- Sharing innovative meal programming that has resulted from FF funding in other school districts
- Inviting membership with the BC Chapter of the Coalition for Healthy School Food
- Engaging community partners in program design
- Sharing networks within the local food system



NLPS Pilots Innovation in School Food

Woodlands School Farm

- 2021/2022 – NLPS received \$10,000 grant from F2SBC to establish Woodlands School Farm.
- Farm to Cafeteria Canada and Nanaimo Ladysmith Schools Foundation each contributed additional \$10,000. Other external grants were secured for infrastructure.
- NLSP created lease agreement with farmer Ben Ziakin
- 2022/2023 – Farmer, Ben Ziakin installed farm infrastructure and created a market garden



Woodlands School Farm

Future Opportunities

- Increase connections to Woodlands School programming and nearby elementary schools
- Build community connections and investment in farm
- Shift from a business-based approach to a learning-based approach (example of BAA courses at Squamish School Farm)
- Develop NLPS vision and goals for the farm and connect staff capacity to the farm



April Highlight

'Last week the Senior Foods classes from John Barsby helped out at Park Ave Farm. They were surprisingly happy to be outside, digging in the dirt and enjoying the fresh air. Even when asked to dig sod to create a new patch of arable land, they eagerly got their shovels and got to work. We had a tour, ate our packed lunches, and then did some work. They even asked if they could do that again. Three cheers for local farming!!!'

– वीवड इंड उज्जयिणी आरुशड हिषफुसवड अग्रसपी हवषजहळ

Sign - up for Monthly F2SBC Newsletters for more!



Questions?





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הקהילה חלוצית

