

### **All Things Food**

#### **Board Presentation**

March 3, 2021





Margaret Olsen Lynn Brown Lisa Frey Crystal Dennison (NLSF)

# Food Delivery and Preparation

"Limit the number of staff/volunteers in a food preparation or eating area at any one time to those necessary to ensure the program can be delivered. Inform delivery agents and other volunteers of how to adhere to the school's visitor policy, where food should be delivered to, and what hours food can be accepted at."

"Develop and establish hand hygiene procedures for all staff/volunteers. This includes before and after leaving the food preparation area and using equipment. Donated food, including Traditional foods, can continue to be accepted in line with regular food safety precautions for accepting food donations."

# Food on Gabriola

People for a Healthy Community (PHC) is our partner on Gabriola







Individually wrapped food is brought to Gabriola elementary and hot lunch is offered once a week Providing food to support school based meals programs for vulnerable students





Nanaimo -Ladysmith Schools Foundation

## **Foodshare Support for Schools**

294 Good Food Boxes (as of Jan. 28) between 11 Schools

Emergency Lunches to various schools

Salad Bar Program (Farm to Cafeteria Grant – Fairview)

High School Cafeteria Program donations School Garden Facilitators (Currently 3 Schools)

Nanaimo

"Local Food Matters"

Foodshare

### **B.C. Agriculture** In The Classroom (BC AITC) Program

This is a non-profit charitable organization with a mission of "bringing BC agriculture and food education to students throughout the province".

Since 2005 Nanaimo-Ladysmith Schools have been receiving BC grown fruits and veggies twice a month through this "Fruits and Veggie" program.



SCHOOL FRUIT AND VEGETABLE NUTRITIONAL PROGRAM + N



## Goals

Bring healthy local sustainable food into schools.

01

02

03

Provide students with hands-on learning opportunities that develop food literacy.

Strengthen local food systems and enhance school and community connectedness.

#### Central Island – Advisory Committee (monthly)

Tessa Stiven – F2S Regional Animator Oliver Jacobson – Island Health: Schools Health Promotion Specialist Rachel Dubois – People for a Healthy Community (PHC) Gabriola Chrys LoScerbo – FoodShare, Manager

Brown – SD69 teacher and local farmer Jen Cody – FoodShare, Executive Director Graham Bradley – Gabriola Famer Skogland – F2S Coordinator (Fairview) Les Melbon – VIU Instructor/Bayview Urban Eco-Community

# FARM to SCHOOL BC

#### Farm To Schools – Central Island Region 2020-2021 Goals

Learn how F2S programming can support current NLPS District and individual school goals and initiatives.

Reach students and improve health wellness and sense of being through foodbased learning/programming

Share and highlight success stories together.

#### **Recent Highlights:**

- Teacher Networking Event Nov. 26th 30 participants
- Central Island region recently submitted the most Farm to School Grant Applications in BC. NLPS schools included: 2 high schools, and several elementary schools



#### Food in Schools – Looking Ahead - the Big Picture

The Coalition for Healthy School Food Canada (CHSF) advocates for a national universal school food program Right now, there is some optimism in BC because:

- BC mandate calling for the creation of local food programs from two ministries (Education and Agriculture)
- Election commitments from 3 provincial gov'ts (BC, Quebec and NB) supporting partnering with the federal gov't in funding school food programs
- Ontario recently passed Bill 216 Food Literacy for Students Act requiring courses of study be developed in experiential food literacy education and health eating for every student Gr. 1-12, they must specifically be given opportunities to grow food, prepare food and learn from local foods





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