

Nanaimo Community Health Network

Governance Working Group

Meeting Notes

March 15, 2021 10am to 11:30am

Zoom Meeting

Participants: Lisa Marie Barron, Erin Hemmens, Dyan Dunsmoor-Farley, Jane Osborne, Oliver Jacobson, Vesa Atanasoff, Jane Vinet, Jade Yehia, Christy Wood, Brenda Adams,

Regrets: Dave Stewart , Kim Symthe, Pam Shaw, Claudio Aguilera, Analisa Blake, Carolyn Sampson

Discussion Topics

- Today we expressed our gratitude for living on the traditional and unceded territories of the Coast Salish peoples, the Snuneymuxw and Songhees First Nations. Brenda shared the story of how she was guided by Connie Paul to see the eyes of the cedar trees.
- The group broke into three groups of three to four people to discuss core network values (suggested number five to seven) to come to a consensus on the top shared values within this group. It was generally understood that the top core values should be our human values, what individuals bring to the table and “How someone show up in this work – both the people who are drawn into this work and the people who are served by it”.
- Group 1 value list included Relationships, Inclusivity, Effectiveness, Integrity, Deep Knowledge
- Group 2 value list included: Love, Enjoyment, Purposeful & Intentional, Inclusivity Community
- Group 3 value list included: Love, Respect, Inclusivity, Humility and Authenticity
- The group had a collaborative discussion on all of these words and reduced the list of shared values to be Love, Inclusivity, Enjoyment/Fulfillment, Respect, Deep Knowledge, Humility, Authenticity. Love was the word most discussed as it was considered “too personal” by some in the group. How can we ask all people to come from a place of love when they come to the network table? Love is stronger than compassion – we can have a love for the land, love for nature. “Systems change work requires heart, love, it is worthy, and we will do it together and it will be hard but there is a purpose to it.”
- The group decided the vision for the community network is based on these top three values: Love – Enjoyment – Inclusivity.
- Love (definition/statement)- equals the passion that gets us up in the morning (fueled by our indignation) driving the change that needs to happen in our world. Love of humanity is what can make the community health network different from a health authority or

bureaucracy, and is what moves us from the status quo, which is what is needed to make a systems level change.

- Enjoyment /Fulfillment (definition/statement) – Working as a network is enjoyable to all. Outputs should be enjoyable and fulfilling – we are creating equity, improved quality of life, community connection and celebrating successes. It is intentional and purposeful, strength focused not problem focused.
- Inclusivity (definition/statement) – definition/statement not fully defined but included respect, humility, authenticity, deep knowledge.

Dyan themed the values and suggested they may be helpful in writing our guiding principles:

Group 1 Effectiveness • Outcome oriented • Achieving Goals Accountable • Honesty • Integrity • Transparency	Collaborative Community Relationships • Equity • Respect • Responsive • Trust and teamwork	• Diversity • Openness Safety • Compassionate • Kindness • Welcoming • Authentic • Courage • Generosity	• Evidence-informed • Learning • Humility (knowing what you don't know) Innovation
Group 2 Commitment • Greater good [Common good]	Group 3 Inclusivity • Culturally competent	Group 4 Deep knowledge	OTHER Assets, Love, Non-attachment, Optimism, Positivity

- Jane asked the group to think about operationalizing our values and writing our guiding principles as our framework elements: 1) Ways to Engage, Ways to Sustain, Ways to Connect, Ways to Impact Together, Ways to Decide Together, Ways to Know, Ways to Belong
- We will write our mission and purpose last.
- Next meeting Monday, March 29th – 10am to 11:30 - Finalize and operationalize our values through the development of our guiding principles.