

Nanaimo Community Health Network

Governance Working Group

Meeting Notes

June 7, 2021 10am to 11:30am

Zoom Meeting

Participants: Jane Osborne, Oliver Jacobson, Dave Stewart, Dyan Dunsmoor-Farley, Charsanna Johnny, Jane Vinet, Jade Yehia, Christy Wood, Lisa Marie Barron, Brenda Adams

**Discussion Topics**

- Today we expressed our gratitude for living on the traditional and unceded territories of the Snuneymuxw, Snaw-naw-as and Esquimalt and Songhees Nations.
- Check-in
- Reviewed and had consensus on Ways to Decide Together drafted at the last meeting.
- Ways to Impact together
  - We reviewed the framework element comments from our previous discussion
  - Three breakout groups formed and addressed the key issues they wanted the guiding principle to address
  - Important that there is direct impact, not just the work of organizations, but is also our responsibility as individuals, strengths based approach, try not to duplicate wording from other principles, integration of connection to the land, different themes that were coming up like how will we get the message out and evaluate it, honouring the process and relationship being part of the work – multi pronged approach – web of connections between us could be an indicator of demonstrating our impact together, the coming together of people to work on a common goal, where relationships and understanding is built is the project – honouring the process and the journey is as important to the work as the impact we have. We are responsible for bringing our own knowledge and the collective knowledge of our organizations to the work.
  - **We will impact together by:** Using our strengths we come together as individuals to directly improve the wellness of our community guided by the knowledge that we are one with each other and the world that we exist in.
- Suggestions from the group regarding next steps in sharing/using our values and guiding principles:
- Share the draft PowerPoint with others for review and feedback. (Jane will be sharing these with the PCN Truth & Reconciliation Committee, Transition Team members and the community members who listed their names following the 2018 Forums.)
- The draft values and principles were shared with Brett Hancock, Principal at the Alternative Learning School for a Youth Focus Group.
- The group suggested sending the values/principles to Samantha Letourneau at Literacy Nanaimo to review for accessible language.
- When creating the guiding values/principles document include stories and examples to illustrate based on local success stories and show what we have been able to accomplish in our own community health network
- What behaviours are we modeling that are visible externally, what stories can we share.

- Our next steps will be discussing how we will incorporate our guiding principles. There is material from the 2018 discussions that Jane will share with the group around each element.
- We need to see all the principles together so we can see the features of a strengths-based approach – is this taking an upstream approach, preventative approach, an approach based on resources, an approach focused on the social determinants of health? Can we use a medicine wheel or a Venn diagram to see the interconnection and taking a collective responsibility approach?
- Is there funding to do the Comms work? How will all this be presented in the end? Jane V suggested there may be some unused funding that can be used to do that work.
- The PlanH grant has been submitted. We will know by July if we have been successful. Thank you to everyone who provided input, insight, letters of support and a special thank you to Marina White and Charsanna Johnny at Snuneymuxw First Nation for supporting that work, with so little notice.
- Next meeting June 21, 10am to 11:30.