

SOBC Inclusive Champion Schools Program

Garrett Chance

**Special
Olympics**
British Columbia



What is Special Olympics?

- A world-wide organization providing sport training and competition for individuals with an intellectual disability.
- Recognized by Sport Canada as the main provider of these services to people whose primary diagnosis is an intellectual disability.



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Special Olympics BC

- Provide high quality year round sport programs and competitions in 55 communities across BC
- In addition to our sport programs, we offer:
 - Youth Programs for athletes aged 2-18
 - Health Programs
 - Athlete Leadership Opportunities
 - And so much more!!



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Fast Facts

- Established in BC in 1980
- Over 5200 athletes involved
- Athlete ages range from 2 to 92!
- Over 4100 volunteers involved
- Many athletes are involved in Special Olympics throughout their lives
- Approximately 120 million people (3% of world's population) have an intellectual disability



Goal of Inclusive Champion Schools Program

- Promote overall well-being through health, fitness, sports, and community
- Create a community that promotes equality and helps everyone embrace inclusion and diversity
- Recognize, support, and honor the contributions of all students
- Help all students develop key social, emotional, and leadership skills
- Create a climate where students, staff members, and parents feel safe and valued

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The 4 Pillars

- **Health:** SOBC Athletes and Facilitators presenting about hygiene, sun safety, and nutrition.
- **Fitness:** Running physical education lessons that students with and without intellectual disabilities can perform together; having students with and without intellectual lead 5 to 10 minute workouts
- **Sport:** Running basketball and soccer for students with and without intellectual disabilities to play together, preparing for the basketball skills competition.
- **Community:** a school-wide campaign for respect and inclusion using a theme of your choice; a Spread the Word>>Inclusion campaign; a poster contest promoting a welcoming school climate; lessons on anti-bullying.



How to Complete the Inclusive Champions Program

- Complete one activity from each Pillar during school year
- Complete the Proof of Completion of checklist form

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SOBC will provide

- Simple lesson plans for all activities
- Equipment and material to run the activities
- Facilitators to lead some of the activities
- Constant guidance and support throughout the program

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Your School Will Receive

- A plaque or banner – recognizing you as Inclusive School
- Promotion through several media outlets
- Tim Hortons or Sobey's Gift Cards

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Potential FAQs

1. What is the minimum % requirement for student engagement for the program?
2. Do the teachers need specialized training?
3. How will I receive the materials for certain activities?
4. What does the school do once they complete an activity?



Question and Answer Period

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Based in Burnaby

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Thank you!

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