

## Nanaimo Community Wellness Network

### Governance Working Group

#### Meeting Notes

November 29, 2021, 10:30 to 12pm

#### Zoom Meeting

**Participants:** Brenda Adams, Christy Wood, Oliver Jacobson, Jane Vinet, Erin Hemmens, Charlene McKay, Dave Stewart, Dyan Dunsmoor Farley

#### Discussion Topics

##### Land acknowledgements, group updates and check in

- Dyan Dunsmoor-Farley did the land acknowledgement this morning in Hulqumimum
- Dave has accepted a new position with City of Nanaimo as Environmental Planner in the new year.

##### Updates on RDN Board meeting funding and Social Needs Assessment

- The group discussed the [Social Needs Assessment Strategy Report](#) and the decision by the RDN Board to not add a social planning service at this time. The report contains a lot of very good information that can help inform our Network work going forward.

##### Funding and Budgeting

- The Island Health Nanaimo contract for funding for the Nanaimo network expires on November 30<sup>th</sup>, 2022. We need to be able to demonstrate results of our work to date and how it is addressing the strategic goals of the funders and contract holders in creating a wellness network for this region.

**Community Engagement Process** – adding members to the Coordinating Circle and bringing more diverse voices into the Network, ensuring a culture of safety and a collaborative approach to community wellness based on our values, vision, and guiding principles.

- Joan Brown, CAO of the Snuneymuxw First Nation has accepted the invitation carried by Charlene from our Circle, to be a Knowledge Keeper and Aunty, helping ground us, and teaching us about ancestral ways and how we can apply it in modern day world to make a difference.
- **Action Item:** Erin will reach out to Executive Director of VIRC and someone from Lantzville Council to see if they have a desire to be a part of the Coordinating Circle.
- Dyan suggested reaching out to Amy Dawley.
- **Action Item:** Christy will have a conversation with Karen Love at the Boys and Girls Club
- **Action Item:** Jane will have a conversation with Gwen Vonex at Youth 2020 CAN and Dr. Sandra Allison, Central Island MHO, Island Health
- **Action Item:** Charlene will have a conversation with Allan MacDonald at Kwumut Lelum, and Crystal Dennison at Nanaimo Ladysmith Schools Foundation.

- **Action Item:** Jane V will ask Jane O to follow up on her conversation with Qui Sepulvedo, Youth Coordinator at Literacy Central
- Brainstorming other names and organizations we can consider approaching are John Howard Society (John Horn), Haven society and SEIA (women's equity and violence against women) Dyan has contacts, faith based organizations, food security (Jen Cody, Marlene Stewart, Chrys Labsorbo), Marlene also can represent seniors as she is part of Age Friendly City network, Lantzville Council, Lantzville Legion, Lantzville Boys and Girls Club, community minded physicians Sandy Allison, Erin has some other names of other community doctors she is willing to approach. Jane mentioned Patricia O'Hagan at VIU, Dean of Health Sciences Faculty, we also need the name of the woman from Lantzville who Jane O mentioned at a previous meeting and confirmation from Jane O regarding Ireen Chibinga.
- Seats which have already been filled include Brenda (NDFP), Christy (Community Policing) Erin (At Large Member), Dyan Duns Moor (GCHWC), Jane O (BCCRN), Charlene (SD68)
- Seats remaining to be heard from new Social Planner from City of Nanaimo, Marlene from FNHA and Oliver from Island Health
- Invitations to process Joan Brown (SFN), Karen Love, (BGC), Gwen Vonex (Youth 2020 CAN), Sandra Allison (Island Health), Allan MacDonald (Kwumut Lelum), Crystal Dennison (NLSF), Qui Sepulvedo (LCVI)
- Group discussion on invitation process Coordinating Circle (CC) seats

**Next meeting December 13th– 10:30 to 12:00 on Zoom.**

**Suggested Discussion Topics**

- Mentor seat process discussion
- Presentation of NCHN financial position and 2022 draft budget
- Updates on Coordinating Circle invitations
- Update on Plan H project
- No meeting December 27th